

## #2. DEVELOPING A VISION WITH AND FOR OUR FAMILY MEMBER

### AS YOU WRITE DOWN YOUR VISION

1. Keep in mind the desires of your family member. Include your family member in discussions of vision.
2. Make sure that the vision honors your family member's interests, desires, passions, etc.
3. Think of vision in important life areas/ spheres:
  - Home
  - Education
  - Relationships
  - Work/Career
  - Recreation and leisure
  - Engagement in community/civic
  - Wellbeing –Physical, emotional, spiritual

Identify the life spheres that are the most important to think about at this point.

4. Use what is societally valued for a citizen of the same age as your family member as a reference point to develop the vision. Think of typical life within the community not programs. Focus on the "Good Life" in each life area/sphere.
5. Be as specific as you can
6. Dream BIG
7. Brainstorm – there are no "right" or "wrong" answers – just record what comes to mind. You can always change things. Use whatever helps you to write the vision down – words, phrases, pictures, etc.