

Directory of Resources for Individuals with Intellectual and Developmental Disabilities

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INSIDE FRONT COVER

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To view or print copies of this guide, visit the Nebraska Council on Developmental Disabilities website at: <u>Nebraska Council on Developmental Disabilities</u>

Credits

Special thanks to all who provided valuable input and guidance in the development of the *Along the Way* series. Contributors are too numerous to mention, but include representatives from Nebraska state agencies, advocacy organizations, family members, self-advocates, and service providers. We couldn't have done it without the assistance of these dedicated people. Most importantly, we wish to thank the Nebraska Council on Developmental Disabilities for providing the opportunity to develop this series.



Resources for Individuals with Intellectual & Developmental Disabilities

This Directory of Resources is part of the "Along the Way" series of guides created to provide information for individuals with intellectual and developmental disabilities, their families, and others. This is a companion to three guides for:

- Parents of Infants, Toddlers, and Children with Disabilities
- Adolescents and Young Adults with Intellectual and Developmental Disabilities
- Adults with Intellectual and Developmental Disabilities

Resources are listed here to provide people with contact information for agencies and programs designed to support them. The information is divided into five sections:

- Advocacy: Resources designed to support and advocate for individuals with intellectual and developmental disabilities and their families.
- **Community Service and Support Organizations**: Statewide listing of community service and support organizations who provide services and supports to individuals with intellectual and developmental disabilities, their families, caregivers, and professionals.
- **Information and Referral Resources**: Agencies and organizations who aid in locating and connecting with resources to meet unique needs.
- Nebraska Governmental Agencies: Agencies located within Nebraska's governmental structure.
- Federal Agencies: Agencies located within the Federal government.

The information provided is current at the time of publication (January 2022).

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Arc of Nebraska

The Arc of Nebraska offers a wide range of programs and services to meet the needs of people with intellectual and developmental disabilities. They help families by providing programs, information, and resources. The Arc of Nebraska focuses on issues such as: voting, employment, special education, Medicaid, and waiting lists.

Phone: 402-475-4407 Website: <u>The Arc of Nebraska (arc-nebraska.org</u>)

Arc Chapters in Nebraska

Arc Chapters across the state provide advocacy, recreation, support, and educational opportunities for people with intellectual/developmental disabilities and their families.

The Arc of Adams Clay Counties

Phone: 402-463-5816 Email: jayemaye@hotmail.com

The Arc of Buffalo County

Phone: 308-237-4343 Website: <u>The Arc of Buffalo County</u> Email: <u>arcofbuffalocounty@frontiernet.net</u>

The Arc of Central Nebraska

Phone: 308-379-8070 Email: <u>arccentralne@hotmail.com</u> Website: <u>Home (arccentralne.org)</u>

The Arc of Hamilton-Merrick Counties

Phone: 402-694-3519

The Arc of Lincoln

Phone: 402-421-8866 Email: <u>director@arclincoln.org</u> Website: <u>Advocacy Partnership - APPSN</u>

The Arc of Norfolk

Phone: 402-379-1160 Email: <u>arcofnorfolk@gmail.com</u> Website: <u>The Arc of Norfolk - Home</u>

The Arc of Omaha at Ollie Webb Center

Phone: 402-346-5220 Website: <u>Ollie Webb Center, Inc. | Enriching Lives, Influencing Attitudes</u> (olliewebbinc.org)

The Arc of Platte County

Phone: 402-563-1699 Email: programdirector@arcofplattecounty.com Website: <u>The Arc of Platte County - Home</u>

The Arc of Seward County

Phone: 402-761-3462 Website: <u>Chapters - The Arc of Nebraska (arc-nebraska.org)</u>

Autism Family Network

The mission of the Autism Family Network is to support and advocate for individuals on the autism spectrum and their families. They are dedicated to providing social opportunities, recreational experiences, community inclusion, and to promote a positive, respectful image of people with autism and their families.

> Phone: 402-421-0874 Email: <u>autismfamilynetworklincoln@gmail.com</u> Website: <u>Autism Family Network - AFN</u>

Autism Society of Nebraska

The mission of the Autism Society is to improve the lives of every family affected by autism. The focus of the Nebraska Affiliate is working locally and regionally throughout the Nebraska autism community. They provide supportive events, resources, and training across the lifespan. In addition, the Autism Society of Nebraska participates in local and statewide collaborative efforts with other agencies.

> Toll Free: 800-580-9279 Website: <u>Home - Autism Society (autismnebraska.org)</u>

Disability Rights Nebraska (DRN)

Disability Rights Nebraska uses a combination of legal advocacy, public policy advocacy, citizen advocacy, self-advocacy, and advocacy education to protect vulnerable people with disabilities, especially those who learn, live, or work in isolated, segregated, or congregated settings. They work in partnership under the US Administration for Community Living with Munroe-Meyer Institute and the Nebraska Council on Developmental Disabilities.

> Phone: 402-474-3183 Toll Free: 800-422-6691 Email: <u>info@disabilityrightsnebraska.org</u> Website: <u>Disability Rights Nebraska | Reform | Lincoln</u>

Family Run Organizations of Nebraska

The Family Run Organizations of Nebraska are recognized as state leaders in guaranteeing that all children and families in Nebraska are emotionally, behaviorally, and mentally strong; are empowered by family driven choices; and are fully honored in their diversity.

> **Families CARE-Kearney** Phone: 308-237-1102 Website: <u>Welcome to Families Care - FamiliesCare.org Parent</u> <u>AssistanceFamiliesCare.org Parent Assistance</u>

Families Inspiring Families-Lincoln Phone: 402-441-4369 Website: <u>Families Inspiring Families : Home</u>

Nebraska Family Support Network-Omaha

Phone: 402-345-0791 Email: <u>info@nefamilysupport.org</u> Website: <u>Nebraska Family Support Network - Omaha, Nebraska</u> (nefamilysupportnetwork.org)

Parent to Parent Network-Norfolk

Phone: 402-379-2268 Toll Free: 877-226-8819 Website: <u>Home - Parent to Parent Network |Parenting Peer</u> <u>Support | Family Navigators | Community ServicesParent to</u> <u>Parent Network |Parenting Peer Support | Family Navigators |</u> <u>Community Services (parent-parent.org)</u>

Legal Aid of Nebraska

Legal Aid is a statewide non-profit law firm serving all Nebraska counties. Legal Aid offers free legal help to low-income and senior citizen (60+) clients in a full range of civil matters.

> Phone: 402-348-1069 Legal Assistance Phone: 877-250-2016 Website: Legal Aid of Nebraska | We Make Equal Justice Happen

Mediation Centers

Mediation is a confidential process for resolving conflict in which an impartial third party – a mediator – helps people in conflict find a solution that is acceptable to everyone involved. Mediation may be used to address areas such as: divorce, parenting plans, elder issues, landlord/tenant issues, legal matters, health and medical issues, or real estate disputes. Mediation services may be provided on a sliding fee scale for those with qualifying income.

Phone: 402-302-1025 Website: <u>Nebraska Mediation Association : Who We Are : Purpose</u> <u>& Mission (nemediation.org)</u>

Nebraska Council on Developmental Disabilities (DD Council)

The Nebraska Council on Developmental Disabilities engages in advocacy, capacity building, and systemic change activities that assure that individuals with developmental disabilities and their families participate in the design and have access to the needed community services, individualized support, and other forms of assistance that promote self-determination, independence, productivity, and integration and inclusion in all facets of community life.

The Council funds subawards to various agencies, organizations, and entities to address gaps and barriers in the system; identifies legislation introduced and educates policymakers on the impact of these bills on persons with DD; and serves on numerous committees to ensure discussions include the needs of persons with DD. The Council works in partnership with Disability Rights Nebraska and the Munroe-Meyer Institute under the US Administration for Community Living.

> Phone: 402-471-2330 Email: dhhs.ddcouncil@nebraska.gov Website: <u>Nebraska Council on Developmental Disabilities</u>

Nebraska Youth Leadership Council

The Council is a group of young leaders from across the state who want to make a difference in the lives of other students with disabilities. The Council provides young people with an opportunity to have a voice in the things that affect them and to make existing services better through their outreach efforts. Co-sponsored by Nebraska VR and Nebraska Department of Special Education, Council members are leaders and advocates who experience a disability. They promote disability awareness and educate peers on transitioning to college or work.

> Phone: 531-207-9989 Website: <u>Nebraska Youth Leadership Council (NYLC) | NDE</u> <u>Transition</u>

People First of Nebraska

People First is the only statewide disability rights organization in Nebraska run by and for people with all types of disabilities. Local chapters meet to learn from each other; practice advocacy skills; volunteer to give back to their communities; and tell elected officials what is important to them. They work with families, service providers, and other organizations.

> Phone: 402-559-4892 E-mail: <u>peoplefirstnebraska@outlook.com</u> Website: <u>peoplefirstnebraska.com</u>

COMMUNITY SERVICE & SUPPORT ORGANIZATIONS + + + + +

Area Agencies on Aging (AAA)

The Area Agencies on Aging, located throughout the state, offer a wide range of services for older adults. Those typically provided include Care Management/Service Coordination, congregate and home-delivered meals, family care support services, homemaker services, legal services, information and assistance, long-term care ombudsman services, medical insurance counseling, Medicaid waiver services, senior centers, transportation, and volunteer opportunities.

A map of the geographic areas served by the eight AAAs and contact information may be found at: <u>Nebraska Area Agencies on Aging and Aging</u> <u>Disability Resource Centers</u>

Brain Injury Alliance of Nebraska (BIA-NE)

BIA-NE helps individuals with brain injuries rebuild their lives, restore purposeful living, and rebuild hope and optimism. Serving the brain injury population means working to secure and develop community-based services, providing support groups, and assisting with access to pertinent information, medical resources, and service referrals. BIA-NE also works to educate professionals who work with children and adults with brain injury.

> Phone: 402-423-2463 Resource & Referral Line: 844-423-2463 Email: info@biane.org Website: <u>Brain Injury Alliance of Nebraska : About : Overview</u> (biane.org)

Centers for Independent Living

Centers for Independent Living promote and provide services for community living to persons with disabilities. Services are statewide, vary by location, and may include Advocacy, Assistive Technology, Housing Counseling, Independent Living Skills Instruction, Information & Referral, Social Skills Training, and System Advocacy.

> Independence Rising-Grand Island Phone: 308-382-9255 Email: <u>info@irnebraska.org</u> Website: <u>Independence Rising - Serving Nebraskans with</u> <u>Disabilities - Independence Rising (irnebraska.org)</u>

League of Human Dignity-Kearney

Phone: 308-224-3665 Email: <u>kinfo@leagueofhumandigni</u> <u>ty.com</u> Website: <u>Locations & Service Area - LEAGUE OF HUMAN</u> <u>DIGNITY</u>

League of Human Dignity-Lincoln

Phone: 402-441-7871 Email: <u>info@leagueofhumandignity.com</u> Website: <u>Locations & Service Area - LEAGUE OF HUMAN</u> <u>DIGNITY</u>

League of Human Dignity-Norfolk

Phone: 402-371-4475 Email: <u>ninfo@leagueofhumandignity.com</u> Website: <u>Locations & Service Area - LEAGUE OF HUMAN</u> <u>DIGNITY</u>

League of Human Dignity-North Platte

Phone: 308-532-4911 Email: <u>npinfo@leagueofhumandignity.com</u> Website: <u>Locations & Service Area - LEAGUE OF HUMAN</u> <u>DIGNITY</u>

Omaha Center for Independent Living-Omaha

Phone: 402-595-1256 Email: <u>oinfo@leagueofhumandignity.com</u> Website: <u>Locations & Service Area - LEAGUE OF HUMAN</u> <u>DIGNITY</u>

League of Human Dignity-Scottsbluff

Phone: 308-632-0470 Email: <u>sinfo@leagueofhumandignity.com</u> Website: <u>Locations & Service Area - LEAGUE OF HUMAN</u> <u>DIGNITY</u>

Panhandle Independent Living Services-Gering

Phone: 308-635-7901 Email: <u>pils@allophone.com</u> Website: <u>Nebraska Panhandle Independent Living Services</u> (<u>PILS</u>) - Home (weebly.com)

Community Action Agencies

Nine community action agencies in Nebraska empower people living in poverty to reach economic stability. Services include housing, child development (Head Start), employment programs, health, transportation, disaster relief, food and nutrition, and asset development. To find a local Community Action Agency, view the online map: <u>CAN (canhelp.org)</u>

Developmental Disability (DD) Services Provider Agencies

Services for people with intellectual/developmental disabilities are administered by the Department of Health and Human Services Division of Developmental Disabilities (DDD). Provider agencies are contracted by DDD to deliver these services. A directory of Nebraska's service providers is arranged alphabetically and by agency city in a comprehensive document located at: <u>DD Agency Provider List (ne.gov)</u>

Easterseals Nebraska

From child development centers to physical rehabilitation and job training for people with disabilities, Easterseals offers services to help people of all ages with disabilities address life's challenges and achieve personal goals. Services include, but are not limited to:

- Summer camps, weekend respite camps, and day camps;
- Low-interest loans for the purchase of assistive technology devices and services;
- Comprehensive benefits planning services to individuals served by Nebraska VR and Nebraska Commission for the Blind and Visually Impaired;
- Assistance with Nebraska Work Incentives Planning and Assistance;
- Assistance with NebraskaTicket to Work; and
- Nebraska AgrAbility services for Nebraska's farmers and ranchers affected by disability.

Phone: 800-471-6425 Website: <u>Easterseals Nebraska | Who We Are</u>

Educational Service Units (ESU)

ESUs act primarily as service agencies to provide core services for member school districts, such as technology support, special education services, and professional development for educators. More information, including a map of areas served, for Nebraska's 17 ESUs is located online: <u>Educational Service</u> <u>Units – ESU CC</u>

EducationQuest Foundation

EducationQuest Foundation is a nonprofit organization with a mission to improve access to higher education in Nebraska. EducationQuest provides *free* college planning services, need-based scholarship programs, college access grants for high schools, college access resources for middle schools, and outreach services for community agencies. They have locations in Omaha, Lincoln, Kearney, and Scottsbluff. For more information visit their website at: <u>EducationQuest Foundation</u>

Enable Savings Plan

In 2014, Congress passed the Achieving a Better Life Experience Act (ABLE) as a financial tool for people with disabilities. In Nebraska, this is known as the Enable Savings Plan. Enable allows Nebraskans with certain disabilities to create tax-advantaged ABLE savings accounts to pay for qualified disabilityrelated expenses.

> Phone: 844-362-2534 Email: <u>clientservices@enablesavings.com</u> Website: <u>ABLE Act - Enable Savings</u>

Housing Authorities

Housing authorities assist in providing affordable, safe, sanitary, and decent housing for qualifying individuals and families with financial needs. They are located throughout the state. To locate one in your area, see their website: <u>Nebraska Public Housing Agencies (affordablehousingonline.com)</u>

Housing.ne.gov

This is a free, state resource for renters and property providers in Nebraska. Search for rental housing to fit your needs, including affordable, accessible, and market-rate units.

> Toll-Free Phone: 877-428-8844TDD/TTY: 7-1-1 Website: <u>Housing.NE.gov | Nebraska Apartments | Nebraska</u> <u>Rental Homes</u>

Local Health Departments

For a listing of local health departments, visit this website: <u>contacts.pdf (ne. gov)</u>

Munroe-Meyer Institute (MMI)

MMI provides interdisciplinary, family-centered services for persons with disabilities and complex health care needs across the lifespan at more than 40 provider locations across the state. They work in partnership under the US Administration for Community Living with Disability Rights Nebraska and Nebraska Council on Developmental Disabilities.

Phone: 402-559-6418 Toll Free: 800-656-3937 Email: <u>munroemeyer@unmc.edu</u> Website: <u>Home | Munroe-Meyer Institute (unmc.edu)</u>

Parent Training and Information (PTI) Nebraska

PTI is a statewide resource for families of children with disabilities and special health care needs, birth through age 26. PTI staff are parent/professionals and focus on providing training, information, and referrals through a variety of services. Services include one-on-one support and assistance, small and large group workshops, publications, and websites.

Phone: 402-346-0525 Toll Free: 800-284-8520 Email: <u>reception@pti-nebraska.org</u> Website: <u>PTI Nebraska | (pti-nebraska.org</u>)

Western Iowa & Nebraska Association on Higher Education and Disability (WINAHEAD)

WINAHEAD is made up of representatives from two and four-year colleges and universities. Members work directly with students with disabilities to ensure equal access to higher education. WINAHEAD provides resources and information for students, families, and educators, including transition presentations to schools and organizations upon request. Information regarding the services provided and a roster of member institutions and contact information is located at:

<u>Western Iowa & Nebraska Association on Higher Education & Disability</u> (WINAHEAD) | NDE Transition

INFORMATION AND REFERRAL RESOURCES ************

211

211 is a free, comprehensive information and referral system providing a one-stop source of information for people in need of assistance. 211 staff will assess the situation of the caller and utilize an extensive, up-to-date database to find the best resource(s) to meet the person's needs. 211 acts as a single point of contact for thousands of health and human service programs, community services, disaster services, and governmental programs.

Phone: 211 Website: 211 Nebraska | Get Connected • Get Help (ne211.org)

Aging and Disability Resource Centers (ADRC)

The Aging and Disability Resource Center is for older Nebraskans (age 60 and older), people with disabilities of all ages, family members, caregivers, and advocates. A network of partners provides ADRC services, including information, referral, and assistance in locating services and supports in their community.

Toll free: 844-843-6364 Website: <u>Aging and Disability Resource Center (ne.gov)</u>

ADRC partners include:

Aging Office of Western Nebraska-Scottsbluff Phone: 308-635-0851

Aging Partners-Lincoln Phone: 402-441-7070

Blue Rivers Area Agency on Aging-Beatrice Phone: 402-223-1376

Brain Injury Alliance of Nebraska-Statewide Resource & Referral Line: 844-423-2463

Eastern Nebraska Office on Aging-Omaha Phone: 402-444-6444

Easterseals Nebraska-Statewide Phone: 800-471-6425x115

League of Human Dignity-Statewide Phone: 402-441-7871 (Lincoln Office)

Midland Area Agency on Aging-Hastings Phone: 402-463-4565

Munroe-Meyer Institute (MMI)-Statewide

Phone: 402-552-2962

Northeast Nebraska Area Agency on Aging-Norfolk Phone: 402-370-3454

South Central Nebraska Area Agency on Aging-Kearney Phone: 308-234-1851

Answers4Families

Answers4Families connects Nebraskans with special needs to resources and supports. They provide opportunities to find answers to common questions regarding resources and supports, talk to others, and find services.

Toll Free: 800-746-8420 Email: accounts@answers4families.org Website: <u>Answers4Families home page</u>

Client Assistance Program (CAP)

CAP is a free service to help find solutions for people experiencing problems with any of the following programs. CAP acts independently of these programs.

- Vocational Rehabilitation (VR)
- Nebraska Commission for the Blind and Visually Impaired
- Centers for Independent Living

Phone: 402-417-3412 V/TTY Toll Free: 800-742-7594 V/TTY Website: <u>NE Client Assistance Program (CAP) (nebraska.gov)</u>

Nebraska Hotline for Disability Services

The Hotline provides information and referral to Nebraskans who have questions or concerns related to a disability. This includes information about rehabilitation services, transportation, special parking permits, legal rights, and any other questions related to a disability.

> Phone: 402-471-0801 V/TTY Toll Free: 800-742-7594 V/TTY Email: <u>shari.bahensky@nebraska.gov</u> Website: <u>NE Client Assistance Program (CAP) (nebraska.gov)</u>

Nebraska Family Helpline

The Nebraska Family Helpline makes it easier for families to obtain assistance by providing a single contact point 24 hours a day, seven days a week. Trained Helpline operators screen calls to assess immediate safety needs, identify the potential level of a behavioral health crisis, make recommendations or referrals to appropriate resources, and help callers connect to emergency resources or providers. The Helpline is supervised by licensed mental health professionals.

Family Helpline operators also can connect eligible families to the Family Navigator Service. This service helps families move through Nebraska's child- and family-care system more efficiently to get the assistance they need. Available within 24 to 72 hours after a Helpline referral, Family Navigator helps families identify existing community-based services and provides support from people who have had personal experience in the system.

Toll Free: 888-866-8660 Website: <u>Nebraska Family Helpline</u>

Nebraska Network of Care for Behavioral Health

The Nebraska Network of Care for Behavioral Health website provides statewide behavioral health resource information: <u>Nebraska Network of Care for Behavioral Health - Network of Care</u>

Nebraska Resource and Referral System

The Nebraska Resource and Referral System Direct Service Database contains information about community agencies and organizations that provide services to Nebraskans. This website is a valuable tool, connecting Nebraskans to the services and resources they need via the Internet: <u>About - Nebraska Resource and Referral System - NRRS</u>

NEBRASKA GOVERNMENTAL AGENCIES ************

A listing of all Nebraska governmental agencies can be found at: All Agencies | Nebraska.gov

Governor, State of Nebraska

Nebraska citizens may contact the Governor's office at any time regarding questions or concerns, whether on an individual or systems level.

Lincoln Office/State Capitol Phone: 402-471-2244 Website: <u>https://governor.nebraska.gov/contact-governor</u>

West-Central Office-North Platte Phone: 308-660-9111

Nebraska Assistive Technology Partnership (ATP)

The Nebraska AssistiveTechnology Partnership (ATP) helps people of all ages with disabilities locate and use assistive technology. This includes people with a disability or those who are recovering from an injury or illness. They also assist with home and vehicle modification projects to make the home or vehicle more accessible for the person with a disability. Additionally, a loan pool of devices and equipment is available to allow people to try before buying or to help fill a short-term need. The AT4All website has a listing of available devices and equipment.

> Phone: 402-471-0734 Toll Free: 877-713-4002 Email: <u>atp@nebraska.gov</u> Websites:

- <u>Welcome | Assistive Technology Partnership (nebraska.</u> gov)
- <u>AT4AII</u>

Nebraska Center for the Education of Children who are Blind or Visually Impaired

The Nebraska Center for Education of Children who are Blind or Visually Impaired serves children from infancy to age 21. The program offers the expertise and specialized skills of the center's staff for students who are blind, visually impaired, and have multiple disabilities in residential, day, and outreach settings. Services are provided to local school districts, students, families, teachers, and other support staff upon request.

> Toll Free: 800-826-4355 Website: <u>NCECBVI: Nebraska Center for the Education of Children</u> who are Blind or Visually Impaired

Nebraska Children's Health Insurance Program (CHIP)

In Nebraska, the Children's Health Insurance Program (CHIP) is an expansion of Medicaid as health care coverage for qualified children who are without other health insurance and who do not qualify for Medicaid. CHIP provides the same services covered under Medicaid.

> Phone: 855-632-7633 Website: <u>Nebraska Children's Health Insurance Program (CHIP)</u> <u>| Benefits.gov</u>

Nebraska Commission for the Blind and Visually Impaired

The Nebraska Commission for the Blind and Visually Impaired empowers people with vision loss with the tools, training, mentorship, and resources they need to succeed in high school and college, find and maintain employment, and participate actively in their communities.

> Phone: 402-471-2891 Toll Free: 877-809-2419 Website: <u>Welcome | NCBVI (nebraska.gov)</u>

Nebraska Commission for the Deaf and Hard of Hearing

The Nebraska Commission for the Deaf and Hard of Hearing promotes and advocates for Nebraskans who are deaf, deaf-blind, or hard of hearing. The Commission works to achieve equality and opportunity in settings that have an everyday impact on the deaf and hard of hearing community - including social, educational, vocational, and legal. In addition, they seek to enhance and monitor access to effective communication and telecommunication technology.

Services offered include hearing aid banks, media center, assistive devices loan program, training and presentations, and links to resources.

Phone: 402-471-3593 Website: <u>Welcome | Deaf and Hard of Hearing (nebraska.gov)</u>

Nebraska Department of Education (NDE)

The Nebraska Department of Education (NDE) is a constitutional agency. The Department operates under the authority of an elected board of education. NDE is organized into teams that interact to operate the agency and carry out the duties assigned by state and federal statutes and the policy directions of the State Board of Education. The teams provide leadership and support for Nebraska's system of early childhood, primary, secondary, and postsecondary education; direct services to clients; and internal support to the agency.

Phone: 402-471-2295 Website: <u>Nebraska Department of Education</u>

NDE Office of Early Childhood

The Office of Early Childhood provides leadership, guidance, and support to develop high quality, inclusive programs and services for children birthage 8; facilitates state/community partnerships to address needs of young children and families; and provides professional development, technical assistance, and resources for early childhood care and education settings.

> Phone: 402-860-4055 Website: <u>Office of Early Childhood – Nebraska Department of</u> <u>Education</u>

NDE Office of Special Education

The Office of Special Education provides leadership and support for Nebraska's system of special education services.

Phone: 402-471-2471 Website: <u>Special Education – Nebraska Department of Education</u>

NDE Nebraska Transition

Nebraska Transition provides resources to assist educators, parents, and students in the transition process.

Phone: <u>531-207-9989</u> Website: <u>Transition Planning | NDE Transition (ne.gov)</u>

Nebraska Department of Health and Human Services (DHHS)

The Department of Health and Human Services is a state agency, split into five divisions (Behavioral Health, Children & Family Services, Developmental Disabilities, Medicaid & Long-Term Care, and Public Health) to meet the needs of Nebraskans. For more information about DHHS: <u>Department of Health and Human Services (ne.gov)</u>

ACCESSNebraska

The Department of Health and Human Services (DHHS) administers and manages eligibility for Medicaid and Economic Assistance programs through ACCESSNebraska. Persons may apply for benefits and handle their Medicaid and Economic Assistance needs on the ACCESSNebraska website. Customer service is available by phone or at local DHHS offices 8 a.m. - 5 p.m. Monday through Friday.

Phone:

Medicaid Toll Free: 855-632-7633 Economic Assistance Toll Free: 800-383-4278 Websites:

ACCESSNebraska

• Local DHHS Offices: Public Assistance Offices (ne.gov)

DHHS Division of Behavioral Health

Responsible for administration and coordination of the public behavioral health system, to address prevention and treatment of mental health and substance use disorders. Provides funding and contract management to six behavioral health regions and ensures community-based mental health and substance use prevention and treatment services are available.

Suicide Prevention Hotline: 800-273-8255

Nebraska Family Helpline: 888-866-8660

Website: Division of Behavioral Health (ne.gov)

Statewide Resources: <u>Nebraska Network of Care for Behavioral</u> <u>Health - Network of Care</u>

DHHS Division of Children and Family Services

Responsible for system of child welfare, adult protective services, economic support programs, and the youth rehabilitation and treatment centers.

Phone: 402-471-3121 Website: <u>Children and Family Services (ne.gov)</u>

Economic Assistance

Economic Assistance programs promote wellbeing and provide support to achieve self-sufficiency of families, children, individuals, elderly, and persons with disabilities by providing medical, nutritional, and financial services.

> Toll Free: 800-383-4278 Website: <u>Economic Assistance (ne.gov)</u>

Adult Protective Services

Adult Protective Services (APS) meets the needs of vulnerable adults and helps protect them from abuse, neglect, and exploitation.

Phone: 800-652-1999 (toll free 24-hr hotline) Website: <u>Adult Protective Services (ne.gov)</u>

Child Protective Services

Child Protective Services (CPS) is responsible for investigation and intervention in situations of abuse/ neglect of children.

Phone: 800-652-1999 (toll free 24-hr hotline) Website: <u>Children and Family Services (ne.gov)</u>

Lifespan Respite

The Lifespan Respite Program pays for respite services to give the family caregiver a break. Respite means short-term relief to family caregivers from the demands of ongoing care for an individual with special needs.

Phone: 402-471-9188 Toll Free: 866-737-7483 Email: <u>dhhs.respite@nebraska.gov</u> Website: <u>Lifespan Respite (ne.gov)</u>

Nebraska ChildFind

As part of the Nebraska Early Development Network, Nebraska ChildFind provides information to parents, school personnel, and service providers on child development and special education for children from birth (or date of diagnosis) to age 21. ChildFind also helps parents access information on rights and resources to help them advocate for an appropriate education for their child.

> Phone: 402-471-1640 Toll Free: 888-806-6287 Website: <u>Nebraska ChildFind</u>

Nebraska Early Development Network (EDN)

The Nebraska Early Development Network provides early intervention services for families with children, birth to age three, with developmental delays and/or health care needs. EDN connects families to services including developmental, educational, financial, health care, childcare, respite care, and other services to meet their needs.

> Toll Free Phone: 1-888-806-6287 Website: <u>Home | Nebraska Early_Development Network</u>

DHHS Division of Developmental Disabilities (DDD)

DDD provides funding and oversight of community-based services for individuals with intellectual/developmental disabilities. DDD also operates the Beatrice State Developmental Center (BSDC).

General Information

Phone: 402-471-8501 Toll Free: 877-667-6266 Email: <u>dhhs.developmentaldisabilities@nebraska.gov</u> Website: <u>Division of Developmental Disabilities (ne.gov</u>)

Eligibility & DD Registration

Phone Number: 402 471-8501 Toll Free Number: 877- 667-6266 Email: <u>dhhs.ddeligibility@nebraska.gov</u>

Office Locations & Staff Directory

Phone Number: 402-471-8501 Toll Free Number: 877-667-6266 Email: <u>dhhs.dddcommunitybasedservices@nebraska.gov</u> Website (Office & Staff Directory): <u>DDD Main Staff Directory (ne.gov)</u>

DHHS Division of Medicaid and Long-Term Care

Nebraska Medicaid pays for covered medical services for certain low-income persons, including those who are aged, blind, disabled, children, and others who meet eligibility requirements.

Phone: 402-471-3121

To reach the Medicaid eligibility customer service center, contact: 855-632-7633

402-473-7000 (Lincoln) 402-595-1178 (Omaha) TTY: 402-471-7256 Website: <u>Medicaid and Long-Term Care (ne.gov)</u>

State Unit on Aging (SUA)

The SUA administers state and federal funds to the eight Area Agencies on Aging in Nebraska to support local programs and services.

> Phone: 402-471-2307 Email: <u>DHHS.Aging@Nebraska.gov</u> Website: <u>State Unit on Aging (ne.gov)</u>

DHHS Division of Public Health

The Division is responsible for preventive and community health programs and services and for regulation and licensure of health-related professions and occupations, as well as regulation and licensure of health care facilities and services.

> Phone: 402-471-3121 Website: <u>Public Health (ne.gov)</u>

Nebraska Equal Opportunity Commission

The Nebraska Equal Opportunity Commission is a neutral administrative agency whose role is to enforce the public policy of the state against discrimination. The principal function of the Commission is to receive, investigate and pass upon charges of unlawful discrimination occurring anywhere within the State of Nebraska in the areas of employment, housing, and public accommodations.

> Toll Free: 800-642-6112 Website: <u>NEOC (nebraska.gov)</u>

Nebraska Office of Public Guardian

The Office of Public Guardian is designed to serve as the guardian or conservator for an individual when no other alternative is available. Additionally, the Office provides education, training, and support for volunteer and family guardians and conservators, and recruits individuals to serve as guardians and conservators for Nebraska's vulnerable individuals.

Phone: 402-471-2862 Website: Office of the Public Guardian | Nebraska Judicial Branch

Nebraska Ombudsman's Office

The Office of the Public Counsel (also known as the State Ombudsman's Office) is an independent complaint-handling office for the use of citizens who have complaints about the actions of administrative agencies of state government. The investigatory powers of the Ombudsman's Office are broad, including freedom of access to agency records and facilities, and the ability to address questions to agency officials at the highest levels.

Lincoln: 402-471-2035 Toll Free: 1-800-742-7690 TTY: 800-833-7352 E-mail: <u>ombud@leg.ne.gov</u> Website: <u>Nebraska Legislature - Public Counsel (Ombudsman)</u>

Nebraska VR

Nebraska VR (also known as Vocational Rehabilitation or Voc Rehab) helps people with disabilities prepare for, find, and keep jobs while helping businesses recruit, train, and retain employees with disabilities.

> Phone: 402-471-3644 Toll Free: 877-637-3422 Websites:

- <u>Nebraska VR | Welcome</u>
- Nebraska VR Office Locations: <u>Nebraska VR | Find a Service</u>
 <u>Office</u>

Centers for Medicare & Medicaid Services (CMS)

The Centers for Medicare & Medicaid Services is part of the federal Department of Health and Human Services. CMS administers programs including: Medicare, Medicaid, the Children's Health Insurance Program (CHIP), and the Health Insurance Marketplace. Visit their website at: <u>Home - Centers for</u> <u>Medicare & Medicaid Services | CMS</u>

Office for Civil Rights

The U.S. Department of Health and Human Services Office for Civil Rights enforces federal civil rights laws, conscience and religious freedom laws, the Health Insurance Portability and Accountability Act (HIPAA), Privacy, Security, and Breach Notification Rules, and the Patient Safety Act and Rule, which together protect citizens' fundamental rights of nondiscrimination, conscience, religious freedom, and health information privacy. Visit their website at:OCR Home | HHS.gov

Social Security Administration (SSA)

The Social Security Administration provides retirement, disability, and survivor benefits. This includes Social Security, Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI).

- Supplemental Security Income (SSI) is a federal cash benefit program designed to guarantee a minimum monthly income to people who are either age 65 or older, blind, or disabled and who have limited incomes.
- Social Security Disability Insurance (SSDI) is a disability benefit for people who can't work because they have a medical condition expected to last at least one year or result in death.

Visit their website at: <u>The United States Social Security Administration (ssa.</u> <u>gov)</u>

Social Security - Nebraska Offices

In Nebraska, there are six Social Security Field offices, one Office of Disability Determination Services, and one Office of Disability Adjudication and Review to provide assistance to residents with Social Security needs. For questions regarding the Social Security Disability application process or to find out about the status of an application, contact the office in your area.

> Toll Free Phone: 800-772-1213 Website: <u>Nebraska Social Security Office Locations</u> (ssofficelocation.com)

U.S. Department of Education

The federal Department of Education administers programs that cover every area of education and range from preschool education through postdoctoral research. While education is primarily a State and local responsibility, the U.S. Department of Education plays a role at the federal level. Visit their website at: <u>Home | U.S. Department of Education</u>

INSIDE BACK COVER

